

2018 GLACIER FALLS FSC SUMMER CLASSIC

OPEN COMPETITION



Sanctioned by:



Event Dates:

July 26th – July 29st, 2018

Entry Deadline

June 27, 2018 – 12:00 am PT

NEW Registration Process via www.usfsaonline.org

The Glacier Falls Summer Classic will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website. This competition is also sanctioned by Skate Canada. Rules may be adjusted for Skate Canada participants to accommodate the current Skate Canada rulebook (i.e. for program length).

This competition is open to all eligible, restricted, re-instated or re-admitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Competitors may also be currently registered members of Skate Canada. If skater is not a member of either U.S. Figure Skating or Skate Canada, please refer to the U.S. Figure Skating rule book regarding entry rules. The competition is scheduled to be held Thursday through Sunday, July 26, 2018 – July 29, 2018. **If necessary, events may also be scheduled on Wednesday, July 25, 2018.**

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline, in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters may only compete in ONE level per discipline.

Age restrictions/requirements: Skaters entering Juvenile Free Skate events (Well Balanced Program) and/or Juvenile Short Program must be under 13 years of age at the close of entries (per rule 4240). Skaters entering Open Juvenile Free Skate events (Well Balanced Program), must be at least 13 years of age at the close of entries. (per rule 4240)

DIVISION OF GROUPS: If there are more than fifteen (15) or eighteen (18) entries in any one class of an event, the skaters in that class shall be divided into groups of no more than eighteen (18) skaters for Junior, Novice, Intermediate, Open Juvenile and Juvenile, to be drawn by lot, and no more than fifteen (15) skaters for Pre-Juvenile and lower events, to be divided by age.

If entries in the Pre-Juvenile and lower events are divided into groups, there will be no final round. If entries in Juvenile events require a qualification round and a final round, the qualification round will consist of free skating only. If entries in Intermediate through Junior Free Skating events require a qualification round and a final round, all qualification rounds will consist of a short program and free skating and all final rounds of free skating only. Advancement to the final round will be based on the combined result from the short program and free skating. No additional entry fee will be required for those competitors who skate both the qualification and final rounds.

Senior Free Skating events will not be divided into groups regardless of the number of entries.

If entries in the Showcase, Interpretive, Compulsory Moves or Spin events are divided into groups there will be no final round. If there are insufficient entries in any one Artistic or Interpretive event, events may be combined according to appropriate skating levels as the Referee may otherwise deem appropriate.

Showcase, Interpretive, Compulsory Moves, Jump, Spin and Footwork events may include both girls/ladies and boys/men competing together if there are an insufficient number of entries to hold single-gender events.

ENTRIES: Online registration using the U.S. Figure Skating Event Management System (EMS) via www.usfsaonline.org is the ONLY method available to enter the competition. The registration deadline is **June 27, 2018**. For a detailed registration how to, click [here](#).

For U.S. Figure Skating/Learn to Skate USA Members:

- Go to www.usfsaonline.org
 - Need help with member number and/or password?
 - U.S. FIGURE SKATING: Email memberservices@usfigureskating.org
 - LEARN TO SKATE: Email memberservices@learntoskateUSA.com
 - Provide First Name, Last Name & Date of Birth
 - Select EVENTS on the top left of the home page

- Then click on “Registration & Administration” and “Event Registration & Information”
- Under Non Qual. Registration, select “2018 Glacier Falls Summer Classic”

****For assistance with registration, please email EMSupport@usfigureskating.org with MEMBER NUMBER and EVENTS.**

CANADIAN AND FOREIGN SKATERS:

Canadian and foreign skaters intending to register for this competition must set-up a non-member to access U.S. Figure Skating’s registration site. Please click [here](#) for instructions. If you have questions or need assistance with the online registration process, email EMSupport@usfigureskating.org.

Combination of Genders: In the following events both genders may be combined in the same event at the discretion of the referee: all Learn to Skate (Basic Skills) events; All Showcase events (light, dramatic, interpretive); All Adult Free Skating events; all jump, and spin; Beginner through Pre-Juvenile Free Skating events, where only one skater has entered their single gender event and has agreed to skate in the combined gender event.

REFUND POLICY: Entry fees will not be refunded after June 27, 2018 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$50.00 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available through the EMS Portal and the Glacier Falls website at www.glacierfalls.com.

Two skaters constitute an event. Events with only one entry after the combining of events by the referee are considered canceled, and the sole skater will be offered a refund, or the opportunity to skate a critique (with judges) or an exhibition (without judges).

Events with one entry after the combining of events by the referee, where the skater does not re-confirm their intention to skate by July 8, 2018 will automatically be cancelled by the referee and processed for a refund.

FACILITIES: The competition will be held at The Rinks – Anaheim, 300 West Lincoln Ave., Anaheim, CA 92805, on both the NHL and Olympic Rinks. The ice surface for the NHL Rink is approximately 85’ by 200’ with slightly rounded corners. The ice surface for the Olympic Rink is approximately 100’ by 200’ with slightly rounded corners. The rink has a snack bar in the lobby and there are several restaurants in the area. For more information about the facility, please visit their website at www.the-rinks.com

MUSIC: The EMS Skater Portal is the ONLY acceptable method to submit program music (click here for detailed instruction). If your music is not available at that time, you can logout of your account and return to the EMS Skater Portal later to upload your music at a later date but **music MUST be submitted no later than Sunday, July 8, 2018**. Please be sure you are uploading the correct music for the correct event segment.

The uploaded program music MUST conform to the following specifications:

- Programs per file: One [1] - Only one piece of competition program music (e.g. Free Skate) per file is allowed.
- File Format: mp3 - The uploaded file music must be an mp3 file (MPEG-1 or MPEG-2 Audio Layer III). Simply changing the file extension to “mp3” from another file format is not acceptable.
- Bit Rate: 192 kbps is requested (bit rates between 128 and 320 kbps will be accepted).
- Maximum file size: 10 MB
- Maximum run time: Five [5 minutes]
- ID3 Metadata [tags]: None - The Chief Music Coordinator strongly recommends that mp3 files DO NOT contain any ID3 metadata, commonly called tags. This is especially true of any embedded images such as album cover art, picture of the skater, etc. Please, NO EMBEDDED IMAGES!
- Maximum leader: Two [2] seconds] - The leader is the silence between the start of the track and the actual start of the program music. The Chief Music Coordinator recommends that there be NO leader.
- Maximum trailer: Two [2] seconds] - The trailer is the silence between the end of the program music and the end of the actual track. The Chief Music Coordinator recommends that there be NO trailer.

Backup Music at Event (CDs):

In addition to submitting the music online, all competitors/teams must also have at least one [1] backup copy of their competition music on CD, AT RINKSIDE, during the actual competition event or official practice. CDs must meet the following requirements:

- In standard Audio CD format (Compact Disc Digital Audio). Other formats, including mp3 are NOT acceptable.
- Lead in time (time before the music begins) on CDs may not exceed two [2] seconds.
- Due to the compatibility and reliability reasons, music may NOT be submitted on re-recordable "CD-RW" discs. PLEASE, no CD-RWs!

The LOC, competition officials, and volunteers exercise reasonable care when handling CDs. However, they are not responsible for damage to or loss of any CDs. The LOC is not responsible for CDs not picked up by the end of the competition. Those CDs will be destroyed.

Penalty for Incorrect Music or Failure to Upload Music:

The LOC will assess each competitor/team an additional charge of \$10 per event segment if the competitor/team: 1) fails to submit their music prior to the close of online music submission, 2) submits files that do not follow the specifications above, or 3) uploads the incorrect music for a given event segment (e.g. uploads short program music instead of the free skate).

The competitor/teams will not receive their credentials at registration until they pay the penalty fee and turn in their music on CD, conforming to the requirements above.

LIABILITY: U.S. Figure Skating, Glacier Falls FSC and The Rinks accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The International Judging System (IJS) will be used for the following events:

- *Short program event segments: Juvenile - Senior*
- *Well balanced program free skate event segments: No Test - Senior*
- *Pairs short program event segments: Intermediate – Senior*
- *Pairs free skate event segments: Pre-Juvenile - Senior*
- *Adult Events: Free Skate event segments*

All competitors skating in these events **must** submit a planned program content form (PPC) online via the EMS Skater Portal.

The Planned Program Content form must be completed before Midnight on July 19, 2018.

The 6.0 Majority Judging System will be used for:

- *Well Balanced Program free skate event segments: Beginner and High Beginner*
- *All Learn to Skate events*
- *All specialty singles events, Spins, Jumps, and Compulsory moves*
- *All Showcase events*
- *Adult Showcase Events*

REGISTRATION: The registration table will be located in the lobby of The Rinks – Anaheim, and will be open from one to two hours before the first event and run through the last event of each day. Please register 60 minutes prior to your event time.

PRACTICE ICE: Depending on the number of applicants, practice ice for the competition may be offered through the competition committee. **If offered, final details for scheduling practice ice will be made available to competitors through the EMS Portal on or near July 17, 2018.**

PHOTOGRAPHY/VIDEOGRAPHY: Action photography and Videography will be available for purchase at the rink during the competition. All other videotaping and photography is restricted to hand held battery operated equipment, without monopod or tripod. No photography or videotaping, except by the official photographer, without the express permission of the person being

photographed or videotaped is allowed. Photography or videotaping for any commercial purpose is strictly prohibited. Flash photography is prohibited at all times during the competition.

AWARDS: Medals will be awarded to first through fourth place winners for all events. In events with qualifying rounds, medals will be awarded for first through fourth place finishers in each qualifying round in addition to the final round winners.

OFFICIAL NOTICES: An official bulletin board will be maintained in the center of the lobby. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 60 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

ADMISSION FEE: An admission fee will be charged for spectators. The fee is \$ 10.00 per day or \$30.00 for an all event pass. Kids under the age of 10 will be admitted for free.

SCHEDULE: The competition is subject to change at all times at the discretion of the referee. Skaters must be ready to skate up to 30 minutes prior to the schedule start time posted in the rink. A master schedule will be printed and posted inside each rink during the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- Current full member in good standing with U.S. Figure Skating.
- Completed SafeSport Training (the online program is FREE to U.S. Figure Skating Members via www.usfsaonline.org and is valid for two (2) years after the competition date.
- Successful background check (green light status)
- Completed Professional coach/Choreographer CER program (available through www.skatePSA.com. Note, a coach does not need to be a PSA member to complete the courses.
- Proof of Current General Liability Insurance.

For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing a Learn to Skate USA Program must have successfully passed the annual background screen, be registered as a Learn to Skate USA instructor and completed the Learn to Skate USA Instructor Certification or U.S. Figure Skating Coach Compliance.

CANADIAN AND FOREIGN COACH COMPLIANCE:

Non-U.S. Figure Skating coaches accompanying foreign skaters to this competition must provide a letter from their federation documenting they are a member in good standing and have permission to participate at the Glacier Falls Summer Classic. Federation letters can be uploaded after U.S. Figure Skating account creation via the EMS Portal. Click [here](#) for more information.

**Skate Canada coaches can provide their membership cards in lieu of a federation letter.

The local organizing committee/club will have a list of compliant coaches (who have been associated by their skaters via registration or the EMS Skater Portal). Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

**All coaches that have been included with a skater registration or updated via EMS will have access to their skater(s) registration information, music/PPC compliance and schedule information via the EMS Coaches Portal.

CONTACT INFO: If you have questions, please contact Bob Marchese, competition chairman, at bmarch47@yahoo.com or Don Rabbitt, competition co-chair, at donald.rabbitt@gmail.com.

Monitoring Camp: U.S. Figure Skating will be hosting a mini-camp and in-depth feedback sessions during the 2018 Glacier Falls Summer Classic. This will occur on Sunday, July 29th for all athletes in the International Selection Pool. (Athletes selected for an international competition or being considered for an international competition). Further Details will be provided at a later date by U.S. Figure Skating.

Lodging: The official hotel for the Summer Classic is the Ayer's Hotel, Anaheim. It is located at 2550 E. Katella Ave, Anaheim, CA 92806. Their website is www.ayersanaheim.com. Hotel accommodations are available at a discounted rate. Please call the hotel directly to make reservations. Reservations must be made before June 30th to receive the discount. Their telephone number is (714) 634-2106. The hotel is nearby all Anaheim attractions, including Disneyland, Anaheim Stadium, Downtown Disney, Honda Center and The Rinks - Anaheim.

Airport Information: There are several nearby airports. The closest is Orange County - John Wayne airport (SNA). Los Angeles International, (LAX) Long Beach, (LGB) and Ontario, (ONT) are also nearby.

Credentials: When registering onsite at the competition, each competitor will receive a competitor's badge. When registering for the competition, each competitor may associate (2) professional coaches with their entry, which will be issued at no charge. Badges will entitle the professionals admission to backstage areas of the competition. No professional badges will be issued unless the coach has been declared by the skater at the time of registration or updated within the EMS Skater Portal.

*Each skater will receive a (1) complimentary chaperone credential that will be provided onsite.

Invitational Series: This event is part of the Southern California Inter-Club Invitational Series. Top point scorers at the end of the season will be invited to the Invitational Final. Please see the Southern California Inter-Club Association website at <http://www.socalinterclub.org/> for more information.

EVENT FEES

Single Events:

Juvenile SP or FS, Open Juvenile or levels below and all Adult levels	\$145.00
Juvenile SP AND FS (*separate events)	\$185.00
Intermediate – Senior Combined (SP &FS)	\$195.00

**Skaters can only participate in ONE free skate level*

Pairs Events:

Intermediate – Senior (SP & FS)	\$145.00
Juvenile, Pre-Juvenile FS	\$ 85.00

**ONLY one partner registers the team for the competition*

Showcase Events:

Light, Interpretive, Dramatic event only (1 st event)	\$ 90.00
With any other Free Skate, Pairs or Showcase, as 2 nd or 3 rd event	\$ 75.00

Specialty Singles Events:

Compulsory moves, jumps, Spins, - event only (1 st event)	\$ 90.00
With any other Free Skate, Pairs or Showcase, as 2 nd or 3 rd event	\$ 75.00

Learn To Skate:

All Levels (1 st event)	\$ 70.00
Additional Events	\$ 50.00

SINGLES FREE SKATE EVENTS

We are hosting Free Skate Events for Beginner through Senior levels. Information regarding Free Skate Events can be found by clicking the link [here](#) to the U.S. Figure Skating website.

SINGLES SHORT PROGRAMS

Short programs are part of the combined events for Intermediate and above. Short program segments are governed by the rules listed below.

- A. Intermediate short program – Rule 4230
- B. Novice short program – Rule 4220
- C. Junior short program – Rule 4210
- D. Senior short program – Rule 4200

Information regarding Single Short Programs (Intermediate through Senior) can be found at the link [here](#).

JUVENILE SHORT PROGRAM

We are also offering a Juvenile Short Program. This is a separate event from the Juvenile Free Skate event. A participant in the Juvenile Free Skate event does not need to enter the Juvenile Short Program event and vice versa. This is being offered for those skaters who wish to participate in this separate event. The Juvenile Short Program will use the same rules as the Intermediate short program (rule 4230) except that NO triple jumps will be allowed. Time will be 2:10 max.

SINGLES COMPULSORY MOVES

We are offering Singles Compulsory Moves for levels Beginner through Senior. Information on these events can be found [here](#).

SINGLES JUMPS CHALLENGE

We are offering Singles Jump Challenge events for Beginner through Senior levels. Information regarding the Jumps challenge events can be found [here](#).

PAIRS EVENTS

We are offering Pairs Events for levels Pre-Juvenile through Senior. Information regarding the Pairs Events can be found [here](#).

ADULT FREE SKATE EVENTS

Information regarding the Adult Free Skate Events can be found [here](#).

SHOWCASE EVENTS

Light Entertainment & Dramatic Entertainment

We are offering Showcase events for both the Light Entertainment and Dramatic Entertainment categories. We are offering events for Preliminary through Senior levels, in addition to Adult bronze through Adult Gold levels. Requirements for these events can be found [here](#).



ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA program and those who are full members of U.S. Figure Skating. Members of other organizations are eligible to compete but must be registered with Learn to Skate USA or a member club. There will be no more than six competitors maximum in an event and all six should receive an award.

Eligibility and Test Requirements:

Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-6 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed, including Moves in the Field or individual dances.

For the Pre-Free Skate, Free Skate 1-6, Introductory, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (Moves in the Field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition.

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the Local Organizing Committee discovers that a skater has been placed in a category that is below his/her class level, the chairman and referee will have the option to move the skater into the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors. It is an ethical violation for coaches to sandbag an event.

Coach Compliance:

When hosting a Compete USA competition, it is important that you verify the credentials of each coach/instructor who plans to work on-site at the event. You can verify the status of coaches/instructors by checking the lists on the U.S. Figure Skating website. This report can be found on www.usfigureskating.org by going to the "Coaches" page and clicking on the "Information for Clubs" or "Learn to Skate USA Instructor Registration" pages.

At a minimum, instructors/coaches 18 years and older must have a cleared background check and must be a current member of either Learn to Skate USA and/or full U.S. Figure Skating member.

For the Pre-free skate, free skate 1-6, test track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (Moves in the Field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition.

SHOWCASE EVENTS

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judge's mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines [here](#).

Showcase categories may include:

- Levels can be subdivided, if necessary, depending on entry numbers and event set up
- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- Duets: Theatrical/artistic performances by any competitors.
- Mini production ensembles: Theatrical performances by three to seven competitors.
- Production ensembles: Theatrical performances by eight to 30 skaters. Theater On Ice teams are eligible as production ensembles. NOTE: Skaters may enter only one each duet, mini production or production event.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate-Free Skate 6/ Beginner/High Beginner/ Adult 1-6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.
No Test/ Pre-Preliminary/ Adult Pre-Bronze	3 jump maximum. No Axels or double jumps permitted.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Time: 1:30 max.
Preliminary/ Adult Bronze	3 jump maximum. Axels are permitted, but no double jumps allowed.	Must have passed no higher than U.S. Figure Skating Preliminary free skate or Adult Bronze test.	Time: 1:40 max.

SNOWPLOW SAM – BASIC 6 ELEMENTS

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- **All elements must be skated in the order listed.**

Level	Time	Skating rules/standards
Snowplow Sam	1:00 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:00 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:00 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:00 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:00 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, maximum 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:00 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, maximum 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:00 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left

PRE-FREE SKATE – FREE SKATE 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels. Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka • Waltz jump
Free Skate 1	1:40 max	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Upright spin, entry from backward crossovers - minimum 4-6 revolutions • Toe loop jump • Half flip jump
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump
Free Skate 3	1:40 max	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half Loop jump • Flip jump
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz-loop jump combination • Lutz jump
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Beginning Axel jump

SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:10 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, maximum 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, maximum 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:10 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left